

# Study Guide

**Directions:** Answer the following questions as you read the chapter. They will help you focus on the main points. Later, you can use this guide to review and study the chapter information.

## Section 3–1: Family Characteristics

1. What are two main functions that families perform? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
  
2. For each basic need listed below, give one example of how families meet that need for their children.
  - A. Physical: \_\_\_\_\_  
\_\_\_\_\_
  - B. Emotional: \_\_\_\_\_  
\_\_\_\_\_
  - C. Social: \_\_\_\_\_  
\_\_\_\_\_
  - D. Intellectual: \_\_\_\_\_  
\_\_\_\_\_
  
3. How do families pass on values? \_\_\_\_\_  
\_\_\_\_\_
  
4. Give an example of each of the following types of family structures.
  - A. Nuclear family: \_\_\_\_\_
  - B. Single-parent family: \_\_\_\_\_
  - C. Blended family: \_\_\_\_\_
  - D. Extended family: \_\_\_\_\_
  
5. After his parents divorced, Ryan lived with his mother. In this case, who was Ryan’s custodial parent—his father or his mother?  
\_\_\_\_\_

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**Building Strong Families**

**Chapter 3 continued**

6. Name and describe three ways that a child may join a family other than as the family's biological child.

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7. Describe the following stages of the family life cycle.

A. Couple Stage: \_\_\_\_\_

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B. Expanding Stage: \_\_\_\_\_

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C. Developing Stage: \_\_\_\_\_

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D. Launching Stage: \_\_\_\_\_

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E. Middle Stage: \_\_\_\_\_

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F. Retirement Stage: \_\_\_\_\_

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**Building Strong Families**

**Chapter 3 continued**

8. Read the following account of one family. Then, in the lines that follow, identify at least four trends that are affecting this family. Describe what consequences each trend might have on their lives.

Jack and Amber Henderson just moved from the West Coast to the East. All other family members still live in the West, except Jack's mother, who has come to live with them. The family moved because Jack's company transferred him. The transfer came with a promotion and raise. Amber is pregnant with their third child. She works at home, communicating with her customers by e-mail and fax.

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9. Identify three sources of support available to families under stress. \_\_\_\_\_

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10. How does spending time together help to build strong families? \_\_\_\_\_

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11. Name one value that a family may share. \_\_\_\_\_

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12. Identify three ways families can handle conflict. \_\_\_\_\_

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**Section 3-2: Parenting Skills**

13. Name and describe three categories of children's needs. \_\_\_\_\_

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**Building Strong Families**

**Chapter 3 continued**

14. How are children affected by deprivation? \_\_\_\_\_  
\_\_\_\_\_

15. Identify the parenting style described in each situation below.

A. Zoe was playing ball in the house, which was against the rules. When she broke a lamp, her mother asked Zoe what punishment she should receive.  
\_\_\_\_\_

B. Shauna did not take out the trash as she was instructed to do, and her father scolded her quickly and firmly.  
\_\_\_\_\_

C. When Jeff drew pictures on his bedroom wall, his parents ignored it. \_\_\_\_\_

16. Describe three outcomes of effective guidance. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

17. Identify and give an example of three basic ways that parents can encourage appropriate behavior.  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

18. How does setting limits help children grow into responsible adults? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

19. What three questions should parents consider in setting limits? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_