

# The Responsibilities of Parenting

## CHAPTER 2

### Study Guide

**Directions:** Answer the following questions as you read the chapter. They will help you focus on the main points. Later, you can use this guide to review and study the chapter information.

#### Section 2–1: Parenting and Families

1. Give a brief definition of parenting. \_\_\_\_\_  
\_\_\_\_\_
2. Describe three actions you could take to make a positive difference in a child’s life. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
3. How can it help parents to learn about child development? \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
4. Describe four actions you could take to help build your parenting skills. \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_
5. For the parenting tasks described below, indicate the correct order and then identify the stage and time period (ages of children) for each, according to Galinsky’s model.  
\_\_\_\_\_ A. Determine rules: \_\_\_\_\_  
\_\_\_\_\_ B. Establish boundaries: \_\_\_\_\_  
\_\_\_\_\_ C. Begin to imagine yourself as a parent: \_\_\_\_\_  
\_\_\_\_\_ D. Evaluate your parenting: \_\_\_\_\_  
\_\_\_\_\_ E. Become emotionally attached to your child: \_\_\_\_\_  
\_\_\_\_\_ F. Decide what knowledge, skills, and values your child needs: \_\_\_\_\_  
\_\_\_\_\_

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**Chapter 2 continued**

6. Describe at least three ways new parents' lifestyles often change. \_\_\_\_\_

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\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

7. Why might a new parent experience some negative emotions? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

8. When new parents feel overwhelmed, they may argue with one another. Describe how they can get past such trouble spots.

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

9. What are some of the rewards of parenthood? \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

10. Explain in your own words why each of the following considerations is important to the decision of whether to have children.

A. Emotional maturity: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

B. Desire for parenthood: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_

C. Health: \_\_\_\_\_

\_\_\_\_\_  
\_\_\_\_\_