

*Emotional and Social Development
from One to Three*

CHAPTER 11

Study Guide

Directions: Answer the following questions as you read the chapter. They will help you focus on the main points. Later, you can use this guide to review and study the chapter information.

Section 11–1: Emotional Development from One to Three

1. Why are most children self-centered at eighteen months? _____

2. Identify and describe two causes for toddlers' negativism. _____

3. When are temper tantrums likely to start? At what age do they usually stop? _____

4. Identify which ages—eighteen months, two years, two and one-half years, and three years—are generally calmer and which generally have more frustrations.
 - A. Calmer: _____
 - B. More frustrations: _____
5. How do an eighteen-month-old and a three-year-old each typically express anger?

6. What are phobias? _____
7. What is separation anxiety? _____

8. Describe three ways that caregivers can help toddlers deal with their fears. _____

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Chapter 11 continued

9. Describe three things a parent can do to reduce sibling rivalry. _____

10. What is a sign that toddlers are developing empathy? _____

11. What differences cause each child to develop emotionally in a unique way? _____

12. How do children form their self-concept? _____

13. Why is it so important for toddlers to have a positive relationship with parents and siblings?

14. Describe at least two signs that a child has a healthy relationship with a parent. _____

15. Identify the two sleep cycles. Which cycle is a deep sleep? In which cycle do dreams occur?

16. What are two signs that a child may be sleep-deprived? Why is the condition more apparent after children start school?

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Section 11–2: Social Development from One to Three

17. What is socialization? _____

18. What is the difference between parallel play and cooperative *play*? Which comes first?

19. How concerned with helping and pleasing others are children of the following ages? Describe how they demonstrate their level of concern.

A. Two: _____

B. Two and one-half: _____

C. Three: _____

D. Three and one-half: _____

20. What is a drawback to children spending almost all of their time with adults? _____

